



My name is Jessica Dezarn my clean date is October 28th, 2019. I've been clean from all mood- and mind-altering substances for almost two years now. Drugs took me to my bottom where I lost my job, my vehicle, and my children but most of all my will to live. I was on drugs and in and out of jail for 10 years of my life.

Today I have healthy and unconditional relationships with my family and with friends. I'm working on mending broken relationships with my children. I work at a sober living house in London, where I am a house manager and peer support specialist. I go to meetings, have a sponsor, do service work, and give back any chance I'm given. I also go to jails and rehabs to share my experience strength and hope to the newcomer. My purpose in life today is to help men and women learn a new way of life and show them that recovery is possible.

RECOVERY IS FOR EVERYONE:

Every Person, Every Family, Every community

Resources:

<https://findhelpnowky.org/ky>

<https://operationunite.org/programs/helpline/>

<https://www.samhsa.gov/find-help/nationalhelpline>

<https://www.recoverymonth.gov/>



**NATIONAL
RECOVERY
MONTH 2021**