



**Our Names are David and Renee Alexander. We are both recovering addicts. My clean date is 12/15/14 and Renee's is 4/22/13. We both have been clean from any mood changing or mind-altering substances, including alcohol. We met early in recovery in August 2015 at a 12-step fellowship meeting in Corbin a couple months after I had completed treatment and she had just finished serving 2 years in jail. We had both been down our own separate, dark roads throughout our active addictions, which culminated in several overdoses for me, which Narcan was administered and felony charges for her.**

**We now have a beautiful 1 year old baby girl, are homeowners, have mended broken relationships with our families, and are employed, productive members of society. We still attend meetings regularly and stay involved in our fellowship. We will be married 5 years on October 22<sup>nd</sup>. We have an extremely loving and healthy relationship because we both do our best to practice the spiritual principles we have learned and continue to learn on this journey. We are living, breathing proof that miracles happen, and recovery is possible. The recovery community in Corbin is alive and thriving. If you or someone that you know is struggling with addiction, please reach out for help. Help is out there for those who want it.**

**RECOVERY IS FOR EVERYONE:**

*Every Person, Every Family, Every community*

Resources:

<https://findhelpnowky.org/ky>

<https://operationunite.org/programs/helpline/>

<https://www.samhsa.gov/find-help/nationalhelpline>

<https://www.recoverymonth.gov/>



**NATIONAL  
RECOVERY  
MONTH 2021**

